# 2023 Annual Conference Schedule JW Marriott, Washington, DC

#### Day 1 Employer-Only Day - Wednesday, April 26

8:00 am - 2:00 pm

**Employer-only Registration Opens** 

#### 10:30 - 11:15 am

## **Employer-only Day Welcome and Opening Keynote**

#### The Data Don't Lie: Insights From Gallup on the Case for Well-being

Employer well-being strategies are continuously evolving to reflect and align with organizational culture and goals, current events, and employees' changing needs and priorities. In this keynote, Jon Clifton, CEO of Gallup, will illuminate global trends in employee health and happiness that can inform impactful, innovative and inclusive workforce initiatives. Drawing on years of data on subjective well-being from people around the world, Jon will paint a picture of how employees are faring, including areas of thriving, struggle and inequality, and make a compelling case for continued focus on happiness both now and in the future.

# Speakers:

Ellen Kelsay, *President and CEO*, **Business Group on Health** Jon Clifton, *CEO*, **Gallup** 

11:15 - 11:30 am Break

11:30 am - 12:10 pm Benchmarking Session 1

# A. Looking Beyond ROI and Performance Guarantees: Meaningful Ways to Measure and Demonstrate Solution Effectiveness

In the world of limited resources and growing number of solution choices, how do you measure effectiveness of your existing programs? John Puccio from Publix will co-facilitate this session by sharing their approach and strategy.

#### B. The Alphabet Soup of VBC: HPNs, COEs, APC and ACOs

Employers are increasingly looking to their partners and others for value-based arrangements and high-quality care options. How are you evolving your approach to seeking value in the delivery system?

#### C. Driving Health Equity Through Inclusive Benefits and Experience

What changes — from new or expanded benefits to personalized engagement strategies — have been implemented to ensure equitable access and an inclusive experience for all employees? And what's next? Dani Fischer from Hewlett Packard Enterprise will co-facilitate this session by sharing their approach and strategy.

12:10 - 1:10 pm Lunch

#### 1:10 - 1:55 pm

#### **Plenary Session**

# The Promise and Complexity of Price Transparency: Turning Massive Amounts of Data into Meaningful, Actionable Benefits Strategy

The price transparency rules, now in effect for both health plans and hospitals, created unprecedented access to proprietary price information. These data have the potential to transform how employers, payers and providers negotiate and how patients evaluate their health care choices - creating a variety of new strategic opportunities. But the datasets are massive and messy. Their value is contingent upon making transparency data interpretable and actionable. Opportunities are emerging for the health IT sector and employers to collaborate on data consistency and transparency in pursuit of value measurement and elimination of unwarranted price variability.

#### Speakers:

Bernadette Branosky, *Managing Director, Global Benefits Manager*, **JPMorgan Chase** Mike Gaal, *Principal and Consulting Actuary*, **Milliman** Katie Archer, *Head of Global Benefits*, **Organon** 

1:55 - 2:10 pm

**Break** 

2:00 - 5:00 pm

**Registration Open for All Attendees** 

## 2:10 - 2:50 pm

## **Benchmarking Session 2**

#### A. Headache? Prescription Complexity for Employers and Patients

Are Cost Plus Drugs, GoodRx and similar initiatives a fad or the beginning of a trend employers need to consider when explaining their pharmacy benefit to members?

# B. What's Trending Globally? Addressing the Needs of Today's Global Workforce and Getting to the Core of your Global Strategy

Share your strategic priorities and how they anticipate and address emerging trends and global workforce needs. Diana Han, MD from Unilever will co-facilitate this session by sharing their approach and strategy.

## C. Financial Well-being: Meeting Current Challenges with New Approaches

How are you addressing financial stress in the face of inflation and rising health costs?

2:50 - 3:05 pm

**Break** 

3:05-3:45 pm

**Benchmarking Session 3** 

## A. Looking for Scalable, Promising Solutions to Address the Full Spectrum of Metabolic Health

In the world of new obesity medications, changing guidelines for bariatric surgery and effective lifestyle interventions, how do you ensure your members are accessing the right tools and have the ability and knowledge to take control of their health? Sarah Cooper from UnitedHealth Group will co-facilitate this session by sharing their approach and strategy.

## B. Engagement and Navigation Platforms: Key to Integration or Wishful Thinking?

What's been your experience with engagement and navigation platforms and where do you want to see them evolve? Eric Martinek from Abbott Laboratories will co-facilitate this session by sharing their approach and strategy.

## C. Incentives and Lifestyle Spending Accounts – Taking a Fresh Look for 2024

One approach has been around for decades, the other is relatively new. Are you leaning in, dialing back or on the fence? Kelly Blum from KeyBank will co-facilitate this session by sharing their approach and strategy.

3:45 - 4:00 pm

**Break** 

4:00 - 4:50 pm

**Plenary Session** 

#### **Applying a Preventive Approach to Mental Health**

Research shows that mindfulness is a powerful tool to reduce anxiety. The food we eat can demonstrably help or hurt our mental health, and the quantity and quality of our sleep impacts our working memory, creativity and even perceived charisma. So, why isn't there more emphasis on these elements, alongside clinical care, in a comprehensive strategy to prevent and treat mental health disorders? We'll discuss the advantages of bundling mental health resources and benefits to address the continuum of mental health needs, and how employers can elevate integrated approaches to mental health care.

### Speakers:

Sarah Monley, Sr. Consultant, Population Health & Evaluation, Cardinal Health

Dana Udall, PhD, Chief Clinical Officer, Headspace Health

Uma Naidoo, MD, Director of Nutritional & Metabolic Psychiatry, Massachusetts General Hospital

Stephanie John, Manager of Workforce Wellness, Prisma Health

4:50 - 5:00 pm

**Break** 

5:00 - 6:30 pm

**Best Employers Award Recognition & Celebration (Employers Only)** 

5:45 - 6:15 pm

**Best Employers Pictures** 

6:30 - 8:30 pm

**Welcome Party (Open to all Attendees)** 

Vue Rooftop, Hotel Washington, 515 15th Street, NW, Washington, DC 20004

Day 2, Thursday, April 27 [6:30 am - 7:30 pm]

6:30 – 7:30 am Fitness Activity 5k Walk/Run

7:00 am - 5:30 pm Registration Open

8:00 - 8:45 am Breakfast

8:45 - 8:50 am

**Welcome Remarks** 

Speaker: Ellen Kelsay, President and CEO, Business Group on Health

8:50 - 9:30 am

**Opening Keynote** 

## The Senior Leaders Driving Health and Well-being as a Workforce Strategy

Companies are recognizing health as business critical and taking the next bold step in making employee well-being a part of their workforce strategy. During this keynote panel, senior leaders will discuss their new and evolving roles in supporting workforce health, well-being and business performance. We'll explore their priorities and responsibilities, and why their role is imperative to organizational success.

Speakers:

Frank Giampietro, Americas Chief Wellbeing Officer, Ernst & Young LLP

David Stark, MD, Chief Medical Officer, Morgan Stanley

Sharon Smith, MD, Corporate Medical Director, The Estée Lauder Companies, Inc.

9:30 - 9:45 am

**Break** 

# 9:45 - 10:25 am

#### **Breakout Session 1**

#### A. Cracking the Cultural Code on Global Well-being Programs

Employees bring their family and cultural norms and values into work every day. Understanding diverse populations across the globe is critical to activate employee participation in well-being and promote workforce resilience. We'll explore a framework to help employers understand the key cultural dimensions critical to engagement, and the impact of these dimensions on the language, content and imagery used in global well-being initiatives. Employers will share how they've used this framework to promote an enterprise-wide well-being and resilience strategy by taking a global approach and a local mindset.

### Speakers:

Lilly Wyttenbach, Managing Director, Global Wellness, JPMorgan Chase & Co.

Jan Bruce, CEO and Co-founder, meQuilibrium

#### B. Avoiding the High Cost of Low-Quality Care

With unnecessary or inappropriate care accounting for 30% of health care waste each year, we need to arm employees with actionable data to ensure they choose doctors who consistently deliver high-quality, appropriate care.

Join this session to learn about leveraging data and analytics to better understand the impact of health care quality on your employee's experience and your bottom line.

#### Speakers:

Matthew Resnick, MD, Chief Medical Officer, Embold Health

Linda King, Senior Director of Risk Management & Employee Benefits, Polk County School Board

## C. Driving Health Equity Through Digital Therapeutics

According to a recent Business Group on Health survey, three in four employers share concern about inequities in their company's health and well-being initiatives. Join this session to hear from experts on market trends, with real world examples of how digital therapeutics can help drive health equity and support high risk individuals.

## Speakers:

Patrick Dunn, PhD, *Program Director, Center for Health Technology & Innovation*, **American Heart Association** Nilay Shah, PhD, *Managing Director, Health Analytics and Innovation*, **Delta Air Lines, Inc.** Jenn Roberts, *VP, Employer Health Strategy*, **Hello Heart** 

# D. Keys to Engaging Employees and Improving Workforce Health and Well-being

Hear from a company that's intentionally developed a best-in-class culture of health, framed around educating, supporting and engaging their employees, in partnership with senior leadership. A comprehensive dashboard system yields insight into behaviors that influence population health and provides an opportunity to adjust programs and policies to improve workforce health.

## Speakers:

Karen Personnet, Manager of Wellness & Health Promotion, DTE Energy Leah Kamin, Analytic Advisor, Merative

#### E. Innovation Session

During this session, you will learn from two separate innovators. The first speaker will share insights and learnings on how to evaluate, identify, and contract with the right health solution for your unique demographics and the second speaker will provide an overview of their new program helping females improve pelvic health.

#### Speakers:

Frank Cheung, Co-Founder & CEO, Accorded
Jennesa Atherton, Head of Clinical Affairs, Bloom
Shawn McGinnis, National Director-Employer Markets, Sera Prognostics

# 10:25 - 10:40 am

Break

### 10:40 - 11:25 am

# **Plenary Session 1**

#### **Creating Paths for Innovation in Cancer Care to Reach Patients**

Rapid clinical developments, combined with the many challenges community oncologists face in adopting innovation, have made cancer one of the few areas where the gap between the optimal care and care delivered is widening. To capitalize on the promise of innovation in care and to close detection gaps, employers and their partners look to precision medicine, community care and centers of excellence programs. Meanwhile, patients struggle with affordability, making cancer one of the most inequitable diseases. Panelists will highlight the role employers and their partners can play in closing gaps.

#### Speakers:

Harlan Levine, MD, Chair of the Board, AccessHope and President of Health Innovation, AccessHope/City of Hope Dickon Waterfield, Chief Commercial Officer, Employer Direct Healthcare
Josh Ofman, MD, President, GRAIL

Amy O'Neill, JD, Vice President & Director of Health and Well-being Strategy, Liberty Mutual Insurance Group

## 11:25 am - 11:40 am Break

## 11:40 - 12:20 pm

### **Breakout Session 2**

## A: Engaging the Unengaged to Close the Health Equity Gap

Cracking the code to wellbeing engagement is critical to improving employee health and reducing health disparities. This session will couple insights from published research with tangible, real-life employer examples on how to remove barriers to well-being engagement, particularly for those who are underrepresented and at risk. Speakers will share what works

(and what doesn't) and what challenges and pitfalls they've faced when it comes to improving the physical and mental health of the workforce, leaving the audience with four key takeaways: how to harness the power of community, ways to communicate effectively, smart approaches to incentives, and creating a culture of well-being.

#### Speakers:

Jeannie Gray, Benefits Program Manager, McKesson Corporation Tanya Little, Chief Commercial Officer, Vitality Group

## B. Using Integrated Data to Deliver a 1-2 Savings Punch

Cost and quality of health care are not correlated, making transparency tools essential for health care customers seeking a single source of objective information. As medical and pharmacy costs continue to rise unabated, employers can also save by deploying an integrated pharmacy and medical navigation platform powered by cost and quality outcomes data for shoppable medical procedures. This session will offer an example of how an integrated medical and pharmacy solution can deliver savings while increasing employee satisfaction.

#### Speakers:

Kim Davis, *Sr. Director HR Operations, Compensation & Benefits*, **Alex Lee, Inc.** Bill Kampine, *Co-founder & Chief Innovation Officer*, **Healthcare Bluebook** 

# C. Next Generation Workforce Well-being through Personalized Benefits

Join this session to hear how one leader implemented a transformational strategy that improves attraction and retention through an innovative, flexible benefits strategy. A single hub for lifestyle, HSA, 401k and employee-funded accounts with an employer-specific ecosystem of reimbursement options across the spectrum of well-being creates a differentiated value proposition by enabling participants to customize a portfolio of benefit offerings tailored to their individual needs. **Speakers:** 

Brian Duclos, Sr. Director, Benefits and Workforce Insights, Amedisys Inc.

Frank Easley, Senior Vice President, Aon

## D. Level Up Your Leaves Globally

New workforce dynamics are motivating leading employers to evolve not only their benefit strategies in US but globally as well. At the top of that list and increasingly valuable to employee health and well-being are leaves and time away from work benefits. This session will explore how The Coca-Cola Company used benchmarking and innovative comparison tools to identify gaps and opportunities to enhance these benefits and improve employee satisfaction with The Coca-Cola Company time off benefits world-wide.

#### Speakers:

Michael Rossiter, *Analytics Lead, Absence, Disability and Life*, **Marsh McLennan Agency** Richard McDonald, *Head of Global Benefits*, **The Coca-Cola Company** 

## **E. Innovation Session**

During this innovation session, you will hear from two separate innovators on their approach to integrating virtual primary care. They will each describe the problem their solution intends to solve, innovation to care delivery or program design, and outcomes to date.

## Speakers:

Fay Rotenberg, *President & CEO*, **Firefly Health** Tom Lee, MD, *Founder & CEO*, **Galileo** 

#### 12:20 - 1:35 pm

**Lunch and Community Service Activity** 

#### 1:35 - 2:20 pm

**Plenary Session 2** 

## Women's Health Care at a Crossroads

Women comprise nearly half the workforce spanning five generations. This panel will address the full continuum of working women's health, from access to family building and reproductive care to overlooked differences in female physiology affecting health risks and prevention strategies. With the average female retirement age at 62, the importance of attracting and retaining talent at all career stages is more important than ever. Join us for an impactful conversation on policies and benefits to better support the overall health of working women.

#### Speakers:

TraShawn Thornton-Davis, MD, Assistant Service Chief OB-GYN, Mid-Atlantic Permanente Medical Group
Janet Choi, MD, Reproductive Endocrinologist: Medical Advisory Board Member, Progyny; Medical Director, CCRM New

#### York

The Honorable Tammy Duckworth, United States Senator for Illinois

## 2:20 - 2:35 pm

**Break** 

## 2:35 - 3:15 pm

#### **Breakout Session 3**

# A. A Future of Work Strategy Starts with Mental Health

The pandemic thrust mental health to the forefront, but what's next? Virtual health helped solve some access issues, but there are still key mental health gaps that organizations must address to support workforce well-being. Based on new proprietary research, this session will highlight mental health benefits gaps in the workplace and illustrate how a leading employer is building a mentally healthy workforce to enhance employee engagement, well-being, productivity and retention in the new world of work.

#### Speakers:

Tam Brownlee, MD, Chief Health Officer, Accenture Chris Mosunic, PhD, Chief Clinical Officer, Calm

## B. Choosing Meaningful Benefits that Boost Employee Retention and Align with Organizational Culture

As health care costs continue to rise, employers are critically evaluating plan benefits and partners to ensure their programs drive value and impact. In this session we will look beyond activity metrics and learn how to use meaningful quantitative and qualitative measures to assess how condition-specific virtual programs impact the lives, health and well-being of people.

#### Speakers:

Julian Flannery, Founder & CEO, Summus

Denise Murphy, Assistant Vice President, Total Rewards, University of Notre Dame

# C. Effective Quality Starts with a Deeper Understanding of Individual Needs

Existing practices for defining quality generally focus on the provider alone, assuming that all patients are essentially similar. Approaches designed for an "average" patient lack clinical nuance and fail to address the unique needs of individual patients. For example, the choice of provider is the most important decision a patient makes. Despite this, existing practices for defining quality take a one-sided view, considering only the provider and failing to account for the potential for provider performance to vary across patients. In this session, we discuss how employer programs that promote provider choice can be made more effective by using technology that deeply understands each member as a unique healthcare consumer to provide truly hyper-personalized recommendations.

#### Speakers:

Zeeshan Syed, PhD, CEO, Health at Scale

Guy David, PhD, Alan B. Miller Professor of Health Care Management; Chair, Health Care Management Department, Wharton School, University of Pennsylvania

Adam Stavisky, SVP, Benefits, Walmart Inc.

#### D. Primary Care Reimagined: Advance Your Virtual Health Strategy

Primary care is the foundation of the care continuum. To offer new ways to access quality primary care, many employers have turned to virtual solutions. Learn how virtual primary care can help employers promote health equity, achieve cost savings, and drive success with an approach to virtual health that integrates with the full health care experience.

#### Speakers:

Darcy Sementi, Health Care Benefits Manager, State Farm Insurance Companies

Craig Root, Senior Vice President of Employer Sales, Teladoc Health

## E. Innovation Session

During this session, two separate organizations will share insights from their latest research. The first speaker will present their newly published insights on predicting risk of musculoskeletal conditions and improving care and the second speaker will present their latest research on adopting mental health solutions to specific patient segment needs.

# Speakers:

Urvashi Patel, PhD, Vice President Data and Analytics, Evernorth Research Institute

Mark Homer, COE Leader, Advanced Analytics/AI, Fidelity Investments

Benjamin Isgur, Vice President, Thought Leadership, Fidelity Investments

3:15 - 3:30 pm

**Break** 

3:30 - 4:00 pm

**Mind Stretch** 

# Combatting the Mental Health Crisis with Psychedelic-Assisted Therapy

A Navy SEAL veteran and his spouse describe their shared struggle to overcome his mental health challenges and its impact on their family.

Speakers:

Amber Capone, Co-Founder and Executive Director, VETS: Veterans Exploring Treatment Solutions Inc Marcus Capone. Co-Founder and Chairman, VETS: Veterans Exploring Treatment; Founder & CEO, TARA Mind

4:00 - 4:15 pm

**Break** 

4:15 - 5:00 pm

**Plenary Session 3** 

## Affordability - The Real Disruptor

The health care affordability crisis is growing. Inflation has exacerbated already acute cost issues for employers, forcing difficult strategic decisions and creating an urgent need to reimagine a better system of health. Panelists will address health equity and disparities as it relates to access and affordability of care. Employers and partners will walk away with a clear call to action on how they can drive real disruption, get comfortable with steerage in local markets and incentivize change.

#### Speakers:

Sean Robbins, Chief Corporate Affairs Officer, Blue Cross Blue Shield Association

Ashok Subramanian, Founder and CEO, Centivo

Prachi Nagda, MD, Partner and Clinical Services Leader, Mercer

Jill Personett, Senior Director, Global Benefits Strategy & Operations, PayPal

5:00 - 5:30 pm

**Break** 

5:15 - 6:00 pm

**Transportation to Networking Reception** 

6:00 - 7:30 pm

**Networking Reception** 

La Vie, 88 District Square SW, 4.6th Floor, Washington, DC 20024

7:30 - 8:00 pm

**Transportation to JW Marriott Available** 

Day 3, Friday, April 28 Schedule, 7:00 am - 12:30 pm

7:00 am - 11:00 am Registration Open

7:15 - 8:15 am

**Breakfast** 

8:15 - 8:45 am

**Mind Stretch** 

#Dr. Lisa on The Street

Lisa Fitzpatrick, MD, uses storytelling, videos, social media and person-to-person conversations to increase health literacy in low-income communities and improve health outcomes.

Speaker: Lisa Fitzpatrick, MD, Founder and CEO, Grapevine Health

#### 9:00 - 9:40 am

#### **Breakout Session 4**

# A. A Data-Driven Approach to Early Mental Health Intervention

Only 1 in 12 employees struggling with their mental health asks for help. To prevent countless individuals from unnecessary suffering and make a meaningful impact on lives and total cost of care, it's imperative to identify "the other 11" and provide them with personalized, evidence-based mental health care. This session will explore a large employer's strategy to identify employees in need of assistance and intervene before their condition worsens.

Speakers:

Jaclyn Wainwright, CEO, AiRCare Health

Mike Jansen, Sr. Director, U.S. Health & Wellbeing Benefits, Walmart Inc.

## B. Leveraging Pharmacy Transparency to Improve Health and Reduce Costs

Pharmacy trends are consistently reported as a top employer concern. Formulary changes and utilization management have not done enough to curb the rising cost. Learn how benefit leaders are looking for opportunities to optimize pharmacy costs via transparency and navigation.

### Speakers:

Michael Rea, PharmD, Founder and CEO, Rx Savings Solution Dan Dentzer, Manager, Health & Wellness Design, United Airlines

#### C. Cancer Care is Becoming HR's Latest Challenge

With delays in preventive screenings during the pandemic, more later stage cancer cases are emerging—further intensifying the challenge of cancer care for benefits leaders. Learn how combining data analytics with clinical insights can help you develop a targeted strategy to reduce your health plan cancer risk while providing the best clinical care possible for your employees.

#### D. Innovation Session

During this session, you will learn from two leading health care delivery systems about their new solutions supporting patients. The first speaker will present their clinical review program which helps patients understand their diagnosis and treatment options and a second innovator will present their program designed for complex patients.

#### Speakers:

Robert Lorenz, MD, Executive Medical Director, Market and Network Services, Cleveland Clinic Lyell K. Jones, Jr., MD, Neurologist and Medical Director, Contracting and Payer Relations, Mayo Clinic

#### 9:40 - 10:00 am

**Refreshment Break** 

#### 10:00 - 10:40 am

#### **Breakout Session 5**

## A. Supporting Employees with Providing End-to-End Family and Caregiver Support

Many employees and their families struggle with caregiving challenges that can lead to high rates of anxiety and depression, poor health outcomes, attrition, and lower rates of diversity, equity, and inclusion in the workforce. Hear how a comprehensive parenting and caregiving benefit can positively impact employees, productivity and engagement, and affinity towards their employer. The needs of working families are diverse across each stage of family life - planning for parenthood and pregnancy, parenting for kids of any age and navigating adult caregiving. Supporting employees across these needs and stages is more critical than ever.

#### Speakers:

Rupa Patel, VP of Strategic Alliances and Consulting Relations, Cleo Heather Tuttle, Senior Benefits Manager, Americas, Juniper Networks

# B. Improving Outcomes by Integrating Mental Health with Primary Care

While increasing access to mental health resources has long been a priority, many care gaps remain. In this session, we will share how integrating mental health and primary care enhances health outcomes and discuss strategies employers can leverage to remove barriers like cost and access to connect employees to fully integrated care that helps improve their health.

# Speakers:

Megan Lankford, Senior Director, Human Resources, Capital One Lauren Collins, Director, DEIB, Premise Health

## C. Building the Ideal Approach to Employee and Community Well-being

The pandemic highlighted how longstanding underinvestment in sociological and economic conditions impacts the overall health of employees and their communities. It became painfully clear that marginalized communities experienced negative impacts disproportionately. Leveraging a key source of community well-being data, this session demonstrates how employers are uniquely positioned to help employees understand their health, reduce barriers to care and advance health equity. The conversation will focus on learnings over the past two years, review social risk impact, and detail successes, hurdles and surprises along the way.

Speakers:

Pascal Goldschmidt, MD, Chief Medical Officer, Lennar Homes Melissa Kelly, Director of Benefits, Lennar Homes Elizabeth Colyer, Executive Vice President of Account Management, Sharecare

#### D. Innovation Session

During this session, two separate organizations will share insights from their latest research. The first speaker will share the results of a recent study in genomics and pharmacogenomic testing and the second speaker will share insights on how virtual primary care and expert medical opinions can help employees better understand their diagnosis and offer motivation to pursue timely treatment.

Speakers:

Kristine Ashcraft, *Medical Affairs Director, Pharmacogenomics*, **Invitae** Anupam Goel, MD, *Senior Medical Director*, **Accolade** 

10:40 – 10:55 am Break

10:55 - 11:40 am Plenary Session 4

## Moving the Ball Forward on LGBTQ+ Equality Through Inclusive Benefit Design

LGBTQ+ equality is both a human rights and business imperative, especially as a growing number of employees around the world identify as LGBTQ+ and express support for this community. Benefits and well-being leaders have a distinct and important role to play in promoting LGBTQ+ equality through the thoughtful design of benefits, programs and policies, including culturally competent and inclusive mental health care and initiatives that promote a sense of belonging at work. Speakers will explore data demonstrating the importance of LGBTQ+ inclusive offerings and describe what they look like in practice.

#### Speaker:

Raina Nelson, Senior Manager, Workplace Equality Program, Human Rights Campaign

11:40 – 11:45 am Break

11:45 am - 12:25 pm

**Closing Keynote** 

## Kind Workplaces as Business Critical

Research tells us that kind workplaces aren't just nice to have, they're mission critical when it comes supporting employee recruitment, retention and well-being. Experience also indicates that kindness at work is important to agility, innovation, and transformation. But what does a so-called 'kind' workplace look like in the real world? And importantly, what role do benefits and well-being leaders have in cultivating one? James Rhee, acclaimed impact investor, founder, CEO, goodwill strategist and educator will illuminate the power of trust, joy and authenticity by sharing his real-life experience leading the transformation of Ashley Stewart - one of the country's largest clothing brands serving plus-sized Black women. James' TED Talk on this topic has reached millions of global listeners; in conversation with Ellen Kelsay, James will describe to the Business Group on Health community why well-being is crucial to reinvention and innovation, how we can create a workplace ecosystem that bridges money, life and joy through 'Kindness and Math', and ideas for how the employers can measure goodwill at their organizations.

12:25 pm - 12:30 pm

**Closing Remarks** 

Speaker: Ellen Kelsay, President and CEO, Business Group on Health

12:30 pm

# **Grab-n-go Lunch**