

About the Institute ON **Innovation** IN **Workforce Wellbeing**



**National
Business
Group on
Health**

The Innovation in Workforce Well-being is part of the National Business Group on Health. The Institute works with large employers on health improvement programs and develops practical and cost-effective solutions to reduce health risks and their cost impact for employees and their families.

For more information about the Institute contact:


LuAnn Heinen, Vice President, National Business Group on Health and Director, Institute on Innovation in Workforce Well-being,
heinen@businessgrouphealth.org



Support provided by the Institute's Board Members

Michael Davis, Co-Chair, *General Mills, Inc.*; Maria Sharpe, Co-Chair, *Dun & Bradstreet*; Kyra Bobinet, MD, *Aetna*; Karen DiProfio, *American Express*; Donna Sexton, *Costco Wholesale Corporation*; Tre' McCalister, *Dell, Inc.*; Steven Miller, MD, Robert Nease, PhD, Larry Zarin, *Express Scripts, Inc.*; Tracey Crowell, *Fidelity Investments*; Ann Kuhnen, MD, *GlaxoSmithKline*; Kathy Durbin, Elizabeth A. Common, *H-E-B Grocery Company*; Mary Egan, *Honeywell*; Stewart Sill, *IBM*; Rose Marie Martinez, *Institute of Medicine*; Henry Alder, *J&J Ethicon Endo-Surgery, Inc.*; Erin Berner, *Kellogg Company*; Joanne Armenio, Christy Goldberg, *Kraft Foods, Inc.*; Michael Casey, Diane Everett, *Mayo Clinic Health Solutions*; Roger Chizek, Gen Barron, *Medtronic, Inc.*; Julie Sheehy, Ann Meverden, *Microsoft Corporation*; Andrew Scibelli, *NextEra Energy, Inc.*; Maria T. Norman, *Northrop Grumman Corporation*; Jake Flaitz, *Paychex, Inc.*; Ellen Exum, *PepsiCo, Inc.*; J. Brent Pawlecki, MD, Elysa Jacobs, *Pitney Bowes, Inc.*; Myrtho Montes, MD, *Prudential Financial*; Fred R. Williams, *Quest Diagnostics, Inc.*; Franz Fanuka, Phillip J. Franklin, MD, *sanofi-aventis*; Leslee McGovern, Debra Dailey, *Sodexo*; Kelley Shaw-Proia, *Texas Instruments, Inc.*; Leslie Crow, *The Boeing Company*; Harlan Levine, MD, *Towers Watson*; Jackie Austad, *Union Pacific Railroad Co.*; Jeannine Rivet, Todd Spaulding, *United-*

This report was funded by the members of the National Business Group on Health and is for their exclusive use. To protect the proprietary and confidential information included in this material, it can only be shared, in either print or electronic formats, within and among Business Group member companies. All other uses require permission from the Business Group. 2010 National Business Group on Health.



Health Group; Audrietta Izlar, Verizon Communications; Joan Glubczynski, Wal-Mart Stores, Inc.; Daniel Boockvar, Karen Miller-Kovach, Weight Watchers International, Inc.; Dee McKellin, Donna Shenoha, Wells Fargo and Company; Barbara Hartwick, Xcel Energy; William H. Dietz, MD, PhD, Centers for Disease Control and Prevention—U.S. Department of Health and Human Services; Denise Sofka, Health Resources and Services Administration—U.S. Department of Health and Human Services

Acknowledgments

We would like to thank the Benchmarking Unit of the National Business Group on Health for assisting with the research for *Issue Update: Summary of the Current Evidence Base for Financial Incentives*.

Cassell & Fenichel Communications, L.L.C., Publications Management
Groff Creative, Inc., Design