



**National  
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Health**



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*Creative Health Benefits Solutions for Today, Strong Policy for Tomorrow*

## Tsunami-Related Health Resources

### News

#### **The Sydney Morning Herald**

*Firms Move Employees out of Japan as Crisis Continues*

<http://www.smh.com.au/business/firms-move-employees-out-of-japan-as-crisis-continues-20110317-1bz1r.html>

### **Reuters**

*Foreign Firms Launch Japan Evacuation Plans*

<http://www.reuters.com/article/2011/03/15/us-japan-quake-staff-idUSTRE72E8NY20110315>

### **Bloomberg Businessweek**

*Tokyo Warns About Water, Japan Bids to Calm Radiation Fears*

<http://www.businessweek.com/news/2011-03-23/tokyo-warns-about-water-japan-bids-to-calm-radiation-fears.html>

### U.S. Related Information

#### **Environmental Protection Agency**

*Japanese Nuclear Emergency: EPA's Radiation Air Monitoring*

<http://www.epa.gov/japan2011/>

*Daily Data Summary*

<http://www.epa.gov/japan2011/data-updates.html>

#### **Centers for Disease Control and Prevention**

*Radiation Dispersal from Japan: Worker Information*

<http://cdc.gov/niosh/topics/radiation/workerinfo.html>

#### **U.S. Food and Drug Administration**

*Radiation Safety*

<http://www.fda.gov/NewsEvents/PublicHealthFocus/ucm247403.htm#food>

### General Information

#### **World at Work**

*Business Continuity Reminder from Japan*

<http://www.worldatwork.org/waw/adimComment?id=49341>

#### **World Health Organization**

*Japan Earthquake and Tsunami*

[http://www.wpro.who.int/sites/eha/disasters/2011/jpn\\_earthquake/list.htm](http://www.wpro.who.int/sites/eha/disasters/2011/jpn_earthquake/list.htm)

**New! FAQs: Japan Nuclear Concerns**

<http://www.who.int/hac/crises/jpn/faqs/en/index.html>

**New! FAQs: Japan Nuclear Concerns (in Japanese)**

<http://www.who.or.jp/indexj.html>

### **Tokyo English Life**

*Japan 2011 Earthquake: News, Help, Resources*

[http://www.telljp.com/index.php?/en/news\\_article/for\\_people\\_overseas\\_concerned\\_about\\_relatives\\_in\\_the\\_tokyo\\_area/#MESSAGE](http://www.telljp.com/index.php?/en/news_article/for_people_overseas_concerned_about_relatives_in_the_tokyo_area/#MESSAGE)

### **United States Department of Health and Human Services**

*Japan Earthquake, Tsunami and Radiation Event- March 2011*

<http://disasterinfo.nlm.nih.gov/dimrc/japan2011.html>

### **US Citizens Living or Traveling in Japan**

Inquiries concerning U.S. citizens living or traveling in Japan should be referred to the U.S. Department of State, Office of Overseas Citizens Services at 1-888-407-4747 or 202 647-5225.

### **Inquiries Regarding US Military Stationed in Japan**

The American Red Cross Safe and Well website has been updated to include the disaster dropdown “Japanese Earthquake.” Military members can register themselves on the site as being safe and well and families of Military members stationed overseas can check to see if their loved ones are registered on the site:

[www.redcross.org/safeandwell](http://www.redcross.org/safeandwell).

### **Family Links Network**

For those looking for relatives in Japan or who want to inform relatives that they are safe.

[http://www.familylinks.icrc.org/wfl/wfl\\_jap.nsf/DocIndex/locate\\_eng?opendocument](http://www.familylinks.icrc.org/wfl/wfl_jap.nsf/DocIndex/locate_eng?opendocument)

### **International SOS Webinar Recording**

ISOS held a webinar on March 17, 2011 on medical and safety issues related to the earthquake and its aftermath in Japan. Here is the webinar recording link.

[https://internationalsos-event.webex.com/ec06051c/eventcenter/recording/recordAction.do?theAction=poprecord&utm\\_medium=Email&actname=%2Feventcenter%2Fframe%2Ffg.do&utm\\_campaign=&apiname=lsr.php&renewticket=0&renewticket=0&actappname=ec06051c&entappname=url01071c&needFilter=false&&isurlact=true&entactname=%2FnrRecordingURL.do&rID=3327688&rKey=729159dfa8d9a381&recordID=3327688&rnd=1942118387&siteurl=internationalsos-event&SP=EC&utm\\_source=ExactTarget&AT=pb&format=short](https://internationalsos-event.webex.com/ec06051c/eventcenter/recording/recordAction.do?theAction=poprecord&utm_medium=Email&actname=%2Feventcenter%2Fframe%2Ffg.do&utm_campaign=&apiname=lsr.php&renewticket=0&renewticket=0&actappname=ec06051c&entappname=url01071c&needFilter=false&&isurlact=true&entactname=%2FnrRecordingURL.do&rID=3327688&rKey=729159dfa8d9a381&recordID=3327688&rnd=1942118387&siteurl=internationalsos-event&SP=EC&utm_source=ExactTarget&AT=pb&format=short)

### **Physical Health**

#### **Centers for Disease Control and Prevention**

*General Information on Tsunami-Related Diseases and Health Concerns*

<http://www.bt.cdc.gov/disasters/tsunamis/healthconcerns.asp#foodwater>

*Tsunami Related Information for Clinicians*

<http://www.bt.cdc.gov/disasters/tsunamis/clinicians.asp>

*Radiation Emergencies: 2011 Japan Earthquake and Tsunami*

<http://www.bt.cdc.gov/radiation/>

## **World Health Organization**

*FAQs: Japan Nuclear Concerns*

<http://www.who.int/hac/crises/jpn/faqs/en/index.html>

*Water Sanitation and Health*

[http://www.who.int/water\\_sanitation\\_health/diseases/diseasefact/en/index.html](http://www.who.int/water_sanitation_health/diseases/diseasefact/en/index.html)

## **National Academies Press**

*Harmful Health Effects of Nuclear Radiation Exposure: Resources for Prevention:* This link includes a list of National Research Council reports on preventive strategies to mitigate the harmful effects of radiation.

[http://notes.nap.edu/2011/03/18/harmful-health-effects-of-nuclear-radiation-exposure-resources-for-prevention/?utm\\_medium=email&utm\\_source=National%20Academies%20Press&utm\\_campaign=NAP+mail+eblast+3.18.11+-+Radiation&utm\\_content=Customer&utm\\_term=](http://notes.nap.edu/2011/03/18/harmful-health-effects-of-nuclear-radiation-exposure-resources-for-prevention/?utm_medium=email&utm_source=National%20Academies%20Press&utm_campaign=NAP+mail+eblast+3.18.11+-+Radiation&utm_content=Customer&utm_term=)

## Mental and Emotional Health

### **Centers for Disease Control and Prevention**

*Coping with a Disaster or Traumatic Event*

<http://www.bt.cdc.gov/mentalhealth/>

### **Employee Assistance Professionals Association**

*Tips for Managers*

<http://www.eapa.info/ChaptBranch/webdocs/tips4Managers08.pdf>

### **Washington State Employee Assistance Program**

*Identifying Traumatic Reactions in the Workplace*

<http://www.eapassn.org/files/public/WDPIDtraumareactions.pdf>

### **Washington State Employee Assistance Program**

*Supporting a Grieving Employee: Ideas for Managers*

<http://www.eapassn.org/files/public/WDPIDideasforMgrs.pdf>

## Employee Assistance Providers in Japan

[Note: This is not a complete listing of all EAP vendors or an endorsement of any specific vendor].

*Japanese Providers*

### **Dohjin EAP**

<http://service.hokendohjin.co.jp/eap> (In Japanese)

03-3234-8007

### **Humanage EAP**

<http://www.humanage.co.jp/> (In Japanese)

### **Humaneeds**

<http://www.humaneeds.co.jp/> (In Japanese)

### **Human Frontier**

<http://www.humanfrontier.co.jp/> (In Japanese)

03-3519-4493

**Japan EAP**

<http://www.eapjapan.com/english/eap/01.html>

03-3408-2892 or [info1@eapjapan.com](mailto:info1@eapjapan.com)

**Peace Mind, Inc.**

<http://www.peacemind.co.jp/> (In Japanese)

+81 – 3242- 5777

**Wizard, Inc.**

<http://wizard-pc.net/default.aspx> (In Japanese)

[urawa@wizard-pc.com](mailto:urawa@wizard-pc.com) or 048-851-5800

*Global Providers***ACI Specialty Benefits**

[http://www.acieap.com/index.php?option=com\\_content&view=article&id=126&Itemid=122](http://www.acieap.com/index.php?option=com_content&view=article&id=126&Itemid=122)

1-800-932-0034 or [eapinfo@acispecialtybenefits.com](mailto:eapinfo@acispecialtybenefits.com)

**Aetna**

<http://www.aetnaglobalbenefits.com/employers/products/eap/index.html>

Web request available here: <https://agb.aetna.com/contact/default.jsp> or call

1-800-87-AETNA

**Chestnut Global Partners**

<http://www.chestnutglobalpartners.org/>

[globalinfo@CHESTNUT.org](mailto:globalinfo@CHESTNUT.org); 1.309.820.3604 or 1.800.433.7916

**CIGNA**

[http://www.cignaexpats.com/pdf/International\\_EAP.pdf](http://www.cignaexpats.com/pdf/International_EAP.pdf) or

[http://apps.cignabehavioral.com/web/basicsite/professional/EAP\\_Tools/EAP\\_Tools.jsp](http://apps.cignabehavioral.com/web/basicsite/professional/EAP_Tools/EAP_Tools.jsp)

Send an email here:

<http://apps.cignabehavioral.com/web/basicsite/consumer/customerService/contactUsForm.jsp>

**ComPsych**

<http://www.compsych.com/resources/featured-resources>

(312) 595-4000 or 1 (800) 851-1714

**Concern EAP**

<http://www.concern-eap.com/LinkClick.aspx?fileticket=Jiv5zzVjW8o%3D&tabid=37&language=en-US>

1-800-344-4222 or [info@concern-eap.com](mailto:info@concern-eap.com)

**Empathia**

<http://www.empathia.com/>

[info@empathia.com](mailto:info@empathia.com) or 866-332-9595

**New!** White paper: *Changing the Culture: Best Practices for Employee Evacuation Planning*

<http://www.empathia.com/objects/EvacuationPlanningBestPractices.pdf>

**Human Dynamic**

<http://www.humandynamic.com/>

Headquarters (Hong Kong): (852) 2854 3727; Japan Office: (81) 3 3551 8936

**ICAS**

<http://www.icasworld.com/>

[info@icasworld.com](mailto:info@icasworld.com) or +44 (0) 1908 285200 (headquarters in UK)

**PPC Worldwide**

<http://www.au.ppcworldwide.com/news/news-2011-03-19.aspx>

If you are currently a PPC Worldwide client, call 0120 84 2662 (Dohjin). If you have employees in Japan on a temporary basis, email [japan@au.ppcww.com](mailto:japan@au.ppcww.com). For information sheets in Japanese, email:

[japan@au.ppcww.com](mailto:japan@au.ppcww.com).

**Shepell fgi**

<http://www.shepellfgi.com/pdf/EAP%20Support%20After%20Trauma%20US%20-%20Japan%20Earthquake%202011.pdf>

EAP professionals available for employees at 1 866 468-9461; employers should call 1-800-461-9722

**Workplace Options**

<http://www.workplaceoptions.com/index.asp>

United States: 1.800.699.8011; United Kingdom: 0800 027 4939