

SUMMARY PLAN DESCRIPTION LANGUAGE

Summary Plan Description Language: Healthy Pregnancy (Screening, Testing, Counseling, Preventive Medication, and Treatment)

Tobacco Use Treatment (Screening)

Covered Screening

Screening for tobacco use is a covered benefit for all pregnant women.

Initiation, Cessation, and Interval

There is no maximum limit on screening during pregnancy, provided that the care is medically indicated.

Summary Plan Description Language: Tobacco Use Treatment (Counseling)

Covered Counseling

Smoking cessation counseling (5 to 15 minute sessions) is a covered benefit for all pregnant women who smoke. Counseling may be conducted during individual face-to-face office visits, in a group setting, or by telephone.

Initiation, Cessation, and Interval

Pregnant women who screen positive for tobacco use should be advised to quit at every medical encounter. There is no maximum number of counseling sessions for eligible pregnant women.