

# SUMMARY PLAN DESCRIPTION LANGUAGE

## Summary Plan Description Language: Motor Vehicle-Related Injury Prevention (Counseling)

### Covered Counseling

Counseling to reduce motor vehicle related injuries is a covered benefit. Both brief clinician counseling (3 minutes or less) and intensive counseling are covered.

### Initiation, Cessation, and Interval

Counseling to prevent motor vehicle-related injuries is a covered benefit for beneficiaries of driving age. Counseling should be conducted: 1) when beneficiaries first begin to drive (age 15, 16, or older depending on state law), 2) when beneficiaries first become parents, 3) when beneficiaries seek other preventive services for young children, 4) when beneficiaries present with alcohol or other drug dependencies, and 5) when beneficiaries receive trauma care for alcohol-related injuries.

One counseling session is covered per year. Individuals at high risk for a motor vehicle-related injury (beneficiaries aged 18 to 33 years, parents of small children or adolescents, and substance and alcohol abusers) may be counseled more frequently, if medically indicated.