

# SUMMARY PLAN DESCRIPTION LANGUAGE

## Summary Plan Description Language: Lipid Disorders (Screening)

### Covered Screening

9–12-hour fasting lipoprotein profile of total cholesterol, low-density lipoprotein cholesterol, high-density lipoprotein cholesterol, and triglycerides.

### Initiation, Cessation, and Interval

Screening is a covered benefit for all adults aged 20 and older and may be conducted once every 5 years, or as medically indicated.

## Summary Plan Description Language: Lipids Disorders (Counseling and Treatment)

### Covered Counseling and Treatments

Covered treatment for a lipid disorder includes:

- Counseling to promote therapeutic lifestyle changes
- Office visits to monitor lipid disorders and treatment efforts
- Medications used to treat lipid disorders

### Initiation, Cessation, and Interval

Six (6) counseling, treatment, and monitoring sessions are covered per calendar year. Additional counseling sessions are covered, as medically indicated.

Beneficiaries undergoing treatment with lipid-lowering medications qualify for additional medication management visits, as medically indicated.