

# SUMMARY PLAN DESCRIPTION LANGUAGE

## Summary Plan Description Language: Colorectal Cancer (Screening)

### Covered Screening

- Colonoscopy
- Double-contrast barium enema.
- Fecal occult blood testing (FOBT) (alone or combined with flexible sigmoidoscopy)
- Flexible sigmoidoscopy (alone or combined with FOBT)

### Initiation, Cessation, and Interval

Colorectal cancer screening is a covered benefit for men and women aged 50 and older. Screening may be initiated at an earlier age if the beneficiary has certain risk factors and a clinician determines that the individual requires early screening.

Colorectal cancer screening intervals are based on the method of screening used:

#### Screening Method

Colonoscopy  
Flexible sigmoidoscopy  
Double-contrast barium enema  
Fecal occult blood tests (FOBT)  
Combination of flexible sigmoidoscopy and FOBT

#### Approved Interval for Coverage

Every 10 years  
Every five years  
Every five years  
Every year  
Every five years for the flexible sigmoidoscopy and annually for the FOBT